

## Lactitol + Ispaghula Uses

Lactitol+Ispaghula is used in the treatment of constipation.

## How Lactitol + Ispaghula works

Lactitol + Ispaghula is a combination of two medicines: Lactitol and Ispaghula, which relieves constipation. They work by different mechanisms to absorb water into the intestine and make the stool soft and easier to pass.

## Common side effects of Lactitol + Ispaghula

Bloating, Stomach cramp, Flatulence

## Lactitol + Ispaghula

### Q. How to take Lactitol+Ispaghula?

Take Lactitol+Ispaghula exactly as your doctor tells you to, or as directed on the pack. Pour a scoop of granules (15g) into a glass of water (about 150 ml), stir well, and then drink the liquid as soon as possible.

### Q. Are there any specific contraindications associated with the use of Lactitol+Ispaghula?

The use of Lactitol+Ispaghula is considered to harmful for patients with known allergy to any of its components or excipients. Its use should be avoided in patients with chronic constipation or intestinal obstruction.

### Q. What are the instructions for the storage and disposal of Lactitol+Ispaghula?

Keep this medicine in the container it came in, tightly closed. Store it according to the instructions mentioned on the pack or label. Dispose of the unused medicine. Make sure it is not consumed by pets, children and other people.